

Training Guidance Counsellors in Ireland

Focusing on a 'transitions support' model



Welcome



Ollscoil Chathair
Bhaile Átha Cliath
Dublin City University

What is Guidance?

“Guidance facilitates people throughout their lives to manage their own educational, training, occupational, personal, social, and life choices so that they reach their full potential and contribute to the development of a better society”

National Guidance Forum (2007)

MSc. / Grad. Dip. Guidance Counselling

- Two programmes, ca. 90 students per academic year
- Choosing the right candidates
- All walks of life taking up guidance roles in many settings
- Creating and delivering a programme that prepares
Guidance Counsellors for what is ahead

Where do our students come from?



An Roinn Oideachais
Department of Education



AGCAS

The Association of Graduate
Careers Advisory Services



etbi

Education & Training
Boards Ireland
*Boird Oideachais &
Oiliúna Éireann*



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive



**Seirbhís Phríosúin
na hÉireann**
Irish Prison Service



OBAIR
Local
Employment
Service
Network



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COOLMINE



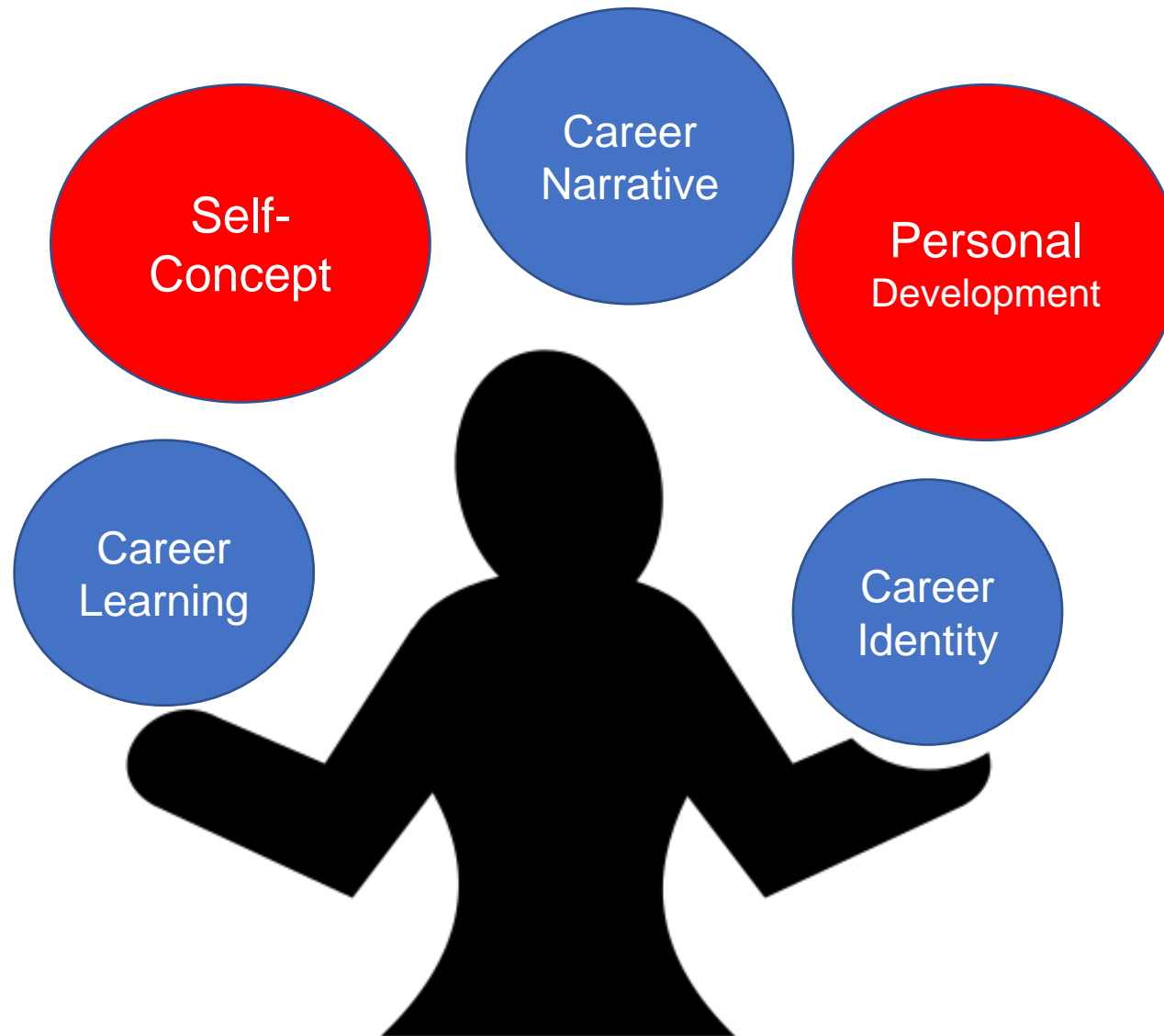
Dublin
Simon
Community

What do we offer?

The programme offers initial education and training in the **knowledge, skills and attitudes** necessary for practice in the interrelated areas of **personal, education and career guidance counselling**. A key element of the programme is the **strong emphasis on reflective practice and personal growth** facilitated by personal counselling, placement practice experience and professional supervision to support and enable personal and professional development.



The Challenge for Guidance Practitioners



The Challenges of providing training

- The identity of the Guidance Counsellor in Ireland or globally
- Dual role guidance and counselling
- Environment we live and work in
- Lack of a national strategy

Focusing on a 'transitions support' model

- Our training is designed to prepare students to work at any stage across the lifespan
- Therefore an understanding of transitions is crucial. Each module has been developed to support this understanding
 - Foundations of counselling
 - Counselling skills
 - Human Development Across the Lifespan
 - Experiential Group Processes
 - Career Theory & Practice
 - Placement



Features of Transition to be considered

Duration and intensity of transitions can relate to the unexpectedness / suddenness of the situation but common features that Guidance can support around include:

- A client being overwhelmed or paralysed by their situation
- A resistance to change fearing often from stemming from a fear that the resulting situation could be worse
- A lack of the skills or knowledge required to make transition
- Self doubt
- A need to search for new meaning
- Factors that are not specifically career related (family, home, mental health)

Our mission as providers of guidance training

- To deliver a programme that is academically challenging and practically sound
- To prepare practitioners to support clients in the best way possible, regardless of their stage in the lifespan or what transition they are facing
- Ultimately to inform / contribute best practice in guidance in Ireland



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Any questions....



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